

## ON THE PROWL

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**MUSIC:** On the Prowl, Honesty album **ARTIST:** Boney James  
**SOURCE:** Amazon **TIME:** 4:05 as downloaded  
**RHYTHM/PHASE:** Rumba phase 4 + 1 + 2(Spiral) (Chase Full turn, Extended Chase)  
Mod music: cut at 3:41, fade out at 3:39, speed by 10% or to 50 RPM  
**FOOTWORK:** Opposite unless indicated (**W's footwork in parentheses**) QQS unless noted  
**SEQUENCE:** **INTRO A B C B** Version 1.  
[https://www.amazon.com/On-The-Prowl/dp/B073W1CVNY/ref=sr\\_1\\_1?s=dmusic&ie=UTF8&qid=1538171963&sr=1-1&keywords=on+the+prowl+boney+james](https://www.amazon.com/On-The-Prowl/dp/B073W1CVNY/ref=sr_1_1?s=dmusic&ie=UTF8&qid=1538171963&sr=1-1&keywords=on+the+prowl+boney+james)

### MEAS

### INTRO

**1-4** **10 TO 12 FT APART, LD FT FREE, WAIT;; SLO WLK 4;;**  
1-2 WAIT;;  
3-4 ss; ss; {Slo Wlk 4}Fwd L, -, fwd R, - ; Fwd L, - , fwd R, - ;  
**5-8** **CHASE FULL TURN;; BASIC;;**  
5-6 {Chase, full trn} Fwd L w/ 1/2 RF trn, rec fwd R w/ 1/2 RF trn, bk L, -; bk R, rec L, fwd R, -; (**Bk R w/no trn, rec L, fwd R, -; fwd L w/ 1/2 RF trn, fwd R w/ 1/2 RF trn, bk L, -;**)  
7-8 {Basic} Fwd L, rec R, sd L, -; bk R, rec L, sd R, -;

### PART A

**1-4** **AIDA; HIP RK 3, FC; SD WLKS;;**  
1 {Aida} Thru L to RLOD, sd R commg LF trn, bk L to "V" bk – bk pos, -;  
2 {Hip rk 3, fc BFLY} Rk sd R rolling hip sd and bk, rk sd L rolling hip sd and bk, rk sd R pvtg RF to BFLY, -;  
3-4 {Sd wlks}Sd L, cl R, sd L, -; Cl R, sd L, cl R, -;  
**5-8** **HALF BASIC; FAN; START ALEMANA; WHIP;**  
5 {Half Basic} Fwd L, rec R, sd L, -;  
6 {Bk Basic to FAN} Bk R, rec L ldg W to FAN pos, sd R, -;  
7 {Start Alemana} Fwd L, rec R, cls L ldg W to trn RF, -; (**Cls R, fwd L, fwd R comm RF swvl to fc ptr, -;**)  
8 {Whip} Bk R comm LF trn, rec fwd L trng 1/4 to comp trn, sd R, -; (**Fwd L outsd M on his L sd, fwd R comm 1/2 LF trn, sd L, -;**)

**9-12 SHLDR TO SHLDR, TWICE;; LATIN WHISK; SPT TRN, HNDSHK;**

9-10 {Shldr to shldr, twice} Fwd L to BFLY SCAR, rec R to fc, sd L, -; (Bk R to BFLY SCAR, rec L to fc, sd R, -;) Fwd R to BFLY BJO, rec L to fc, sd R, -; (Bk L to BFLY BJO, rec R, sd L, -;)

11 {Latin Whisk} XLib of R, rec R, sd L, -;

12 {Spot Trn} Swvlg 1/4 on ball of L stp fwd on R trng 1/2 LF, rec L trng 1/4 LF to fc ptr, sd R to HNDSHK, -;

**13-16 FLIRT; FAN; START ALEMANA; WHIP;**

13-14 {Flirt} Fwd L, rec R, sd L, -; bk R, rec L, sd R, -; (Bk R, fwd L, fwd R trng LF to VARS, -; bk L, rec R, sd L mvg to W's L in frnt of M to end in FAN, -;)

15 {Start Alemana} Fwd L, rec R, cls L ldg W to trn RF, -; (Cls R, fwd L, fwd R comm RF swvl to fc ptr, -;)

16 {Whip} Bk R comm LF trn, rec fwd L trng 1/4 to comp trn, sd R, -; (Fwd L outsd M on his L sd, fwd R comm 1/2 LF trn, sd L, -;)

**PART B****1-4 EXT CHASE w/SPIRALS TO BFLY;;;;**

1-4 {Extended Chase w/spirals} Fwd L comm 1/2 RF trn, rec fwd R, fwd L trng 7/8 RF leaving R in plc w/slight pressure on toe, -; (Bk R w/no trn, rec L, fwd R trng 7/8 LF leaving L in plc w/slight pressure on toe, -;) Fwd R, fwd L, fwd R trng 1/2 LF, -; (Fwd L, fwd R, fwd L trng 1/2 RF, -;) Fwd L, fwd R, fwd L trng 7/8 RF leaving R in plc w/slight pressure on toe, -; (Fwd R, fwd L, fwd R trng 7/8 LF leaving L in plc w/slight pressure on toe, -;) Fwd R, fwd L, fwd R to BFLY, -; (Fwd L, fwd R trng 1/2 LF, rec fwd L to BFLY, -;)

**5-8 CUCA; THRU SERPIENTE;; SPT TRN;**

5 {Cucaracha} Sd L, rec R, cls L, -;

6-7 {Thru Serpiente} Thru R, sd L, bhd R, fan L CCW; bhd L, sd R, thru L, fan R CCW; (Thru L, sd R, bhd L, fan R CW; bhd R, sd L, thru R, fan L CW;)

8 {Spot Turn} Thru on R trng 1/2 LF, rec L trng 1/4 LF to fc ptr, sd R to BFLY, -; (Thru on L trng 1/2 RF, rec R trng 1/4 RF to fc ptr, sd L to Bfly, -;)

**9-12 HALF BASIC; FAN; HCKY STK TO FAN;;**

9 {Half Basic} Fwd L, rec R, sd L, -;

10 {Bk Basic to FAN} Bk R, rec L ldg W to FAN pos, sd R, -;

11-12 {Hcky Stk to Fan} Fwd L, rec R, cls L raising ld hnds to ld W into a LF trn, -; (Cls R, fwd L, fwd R, -;) bk R, rec L trng 1/4 RF to ld W to FAN, cls R fcg DRC, -; (Trng 1/8 LF on R ft fwd L twd DRW, fwd R trng LF 1/2 to fc ptr, sd and bk L to FAN, -;)

**13-16 HCKY STK, FC COH;; CHASE w/UNDRM PASS;;**

13-14 {Hcky Stk} Fwd L, rec R, cls L raising ld hnds to ld W into a LF trn, -; (Cls R, fwd L, fwd R, -;) bk R, rec L, fwd R following W to fc COH, -; (Trng 1/8 LF on R ft fwd L twd COH, fwd R trng LF 1/2 to fc ptr, sd and bk L, -;)

15-16 {Chs w/undrm pass} Fwd L comm 1/4 RF trn keeping ld hnds jnd, rec sd R, cl L raising jnd ld hnds to give W a hky stk window, -; bk R comm 1/4 RF trn, sm fwd L, sd R, -; (Bk R keeping ld hnds jnd, rec L, fwd R lookg at ptr thru hcky stk window, -; fwd L, fwd R trng 1/2 LF undr jnd ld hnds to fc ptr, sd L, -;)  
[second time thru finish in Cuddle Closed Position]

**PART C****1-4 CHASE, FULL TRN;; BASIC;;**

1-4 Repeat measures 5-8 of Intro

**5-8 AIDA; AIDA; WLK & SPRL; SD WLK HALF;**

5 {Aida}Thru L to RLOD, sd R commg LF trn, bk L to "V" bk – bk pos fcg LOD, -;

6 {Aida}Thru R to LOD, sd L commg RF trn, bk R to "V" bk – bk pos fcg RLOD, -;

7 {Wlk & Sprl}Fwd L, fwd R, fwd L trng 3/4 RF leaving R in plc w/slight pressure on toe to BFLY, -;

8 {Sd Wlk half}Sd R, cls L, sd R, -;

**9-12 CHASE, FULL TRN;; BASIC;;**

9-12 Repeat measures 5-8 of Intro

**13-16 AIDA; AIDA; WLK & SPRL; SD WLK HALF;**

13-16 Repeat measures 5-8 of Part C

**REPEAT B****END****1-2 CUDDLE POS SLO DIP BACK; SLO LEG CRAWL; END;;**

1 {Cuddle Pos slo dip}Bk L flexing knee slightly, -, -, -;

2 {Leg Crawl}Hold, -, -, -; (Raise L leg w/toe ptd to floor up along M's R outer thigh slowly over meas)

**QUICK CUES  
ON THE PROWL**

**INTRO. . . 10 TO 12 FT PRT**

**WAIT;; SLO WLK 4;; CHASE, FULL TRN;; BASIC;;**

**PART A**

**AIDA; HIP RK 3, FC; SD WLKS;;**

**HALF BASIC; FAN; START ALEMANA; WHIP;**

**SHLDR TO SHLDR, TWICE;; LATIN WHISK; SPT TRN, HND SHK;**

**FLIRT; FAN; START ALEMANA; WHIP;**

**PART B**

**EXT CHASE w/SPIRALS TO BFLY;;;;**

**CUCA; THRU SERPIENTE;; SPT TRN;**

**HALF BASC; FAN; HCKY STK TO FAN;;**

**HCKY STK, FC COH;; CHASE w/UNDRM PASS;;**

**PART C**

**CHASE, FULL TRN;; BASIC;;**

**AIDA; AIDA; WLK & SPRL; SD WLK HALF;**

**CHASE, FULL TRN;; BASIC;;**

**AIDA; AIDA; WLK & SPRL; SD WLK HALF;**

**PART B**

**EXT CHASE w/SPIRALS TO BFLY;;;;**

**CUCA; THRU SERPIENTE;; SPT TRN;**

**HALF BASC; FAN; HCKY STK TO FAN;;**

**HCKY STK, FC COH;; CHASE w/UNDRM PASS; TO CUDDLE CP;**

**END**

**SLO DIP BACK; SLO LEG CRAWL;**